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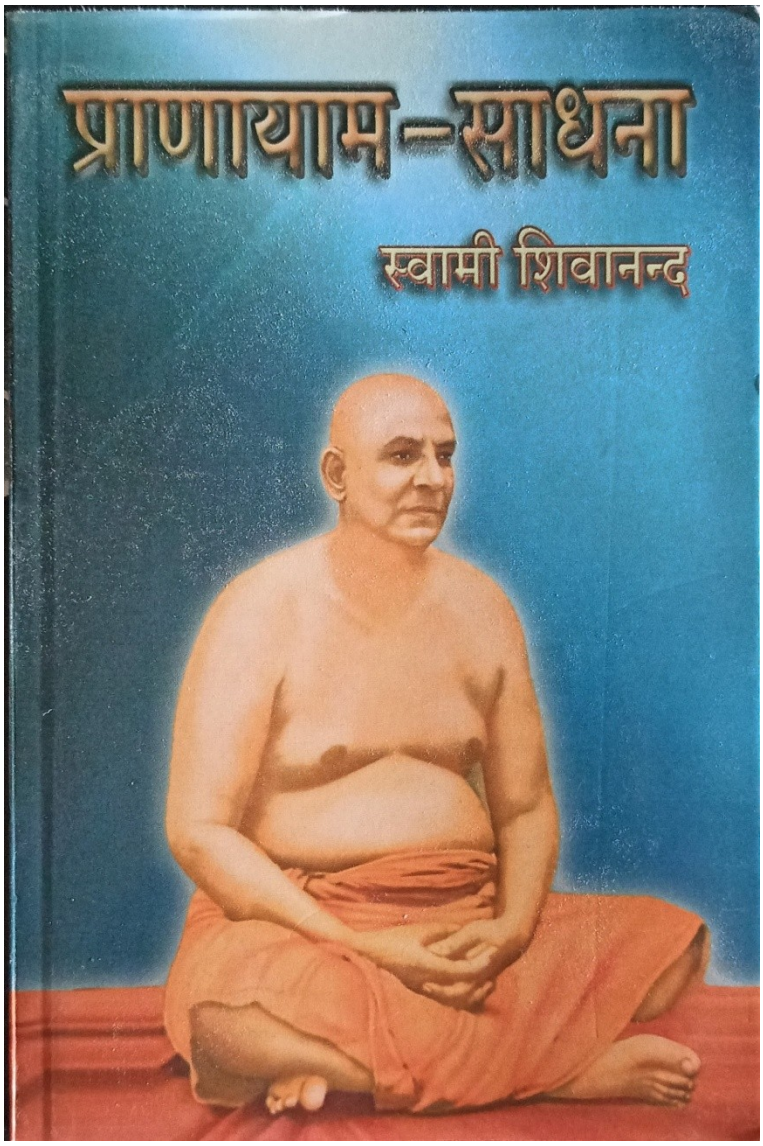

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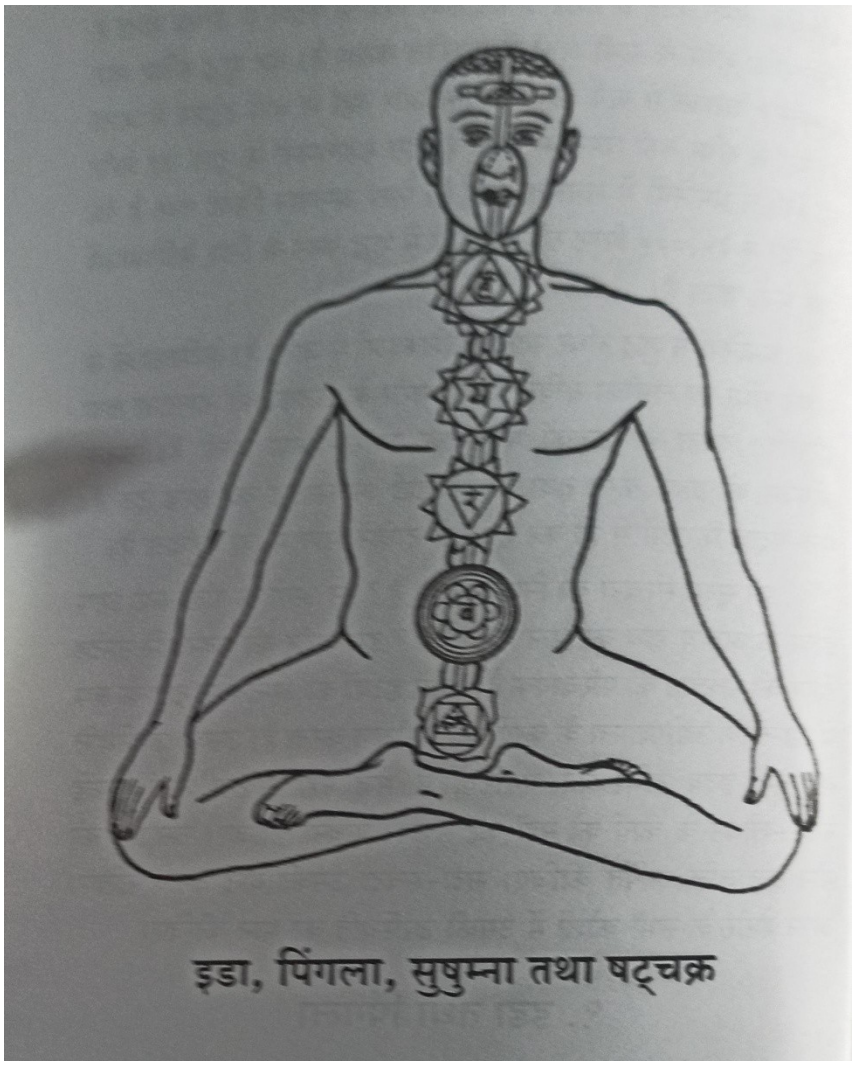

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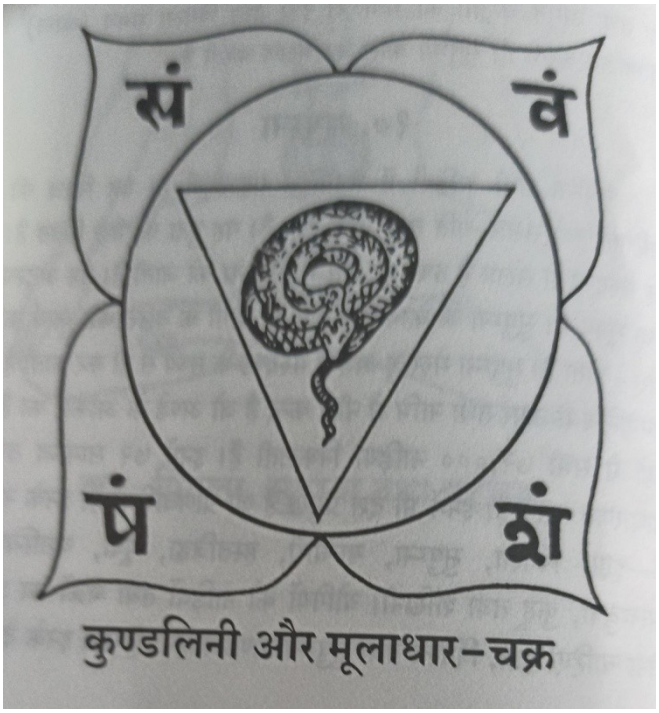

कुण्डलिनी और मूलाधार–चक्र

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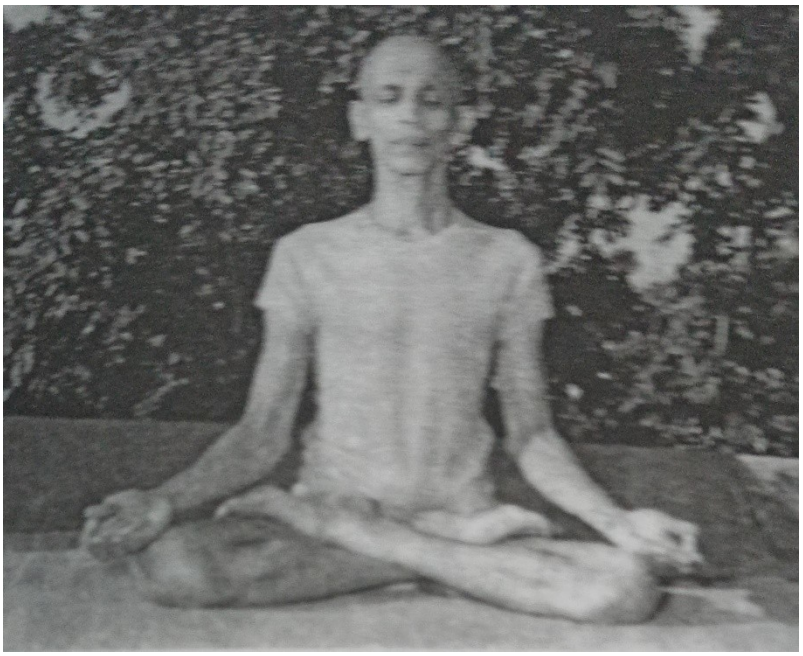

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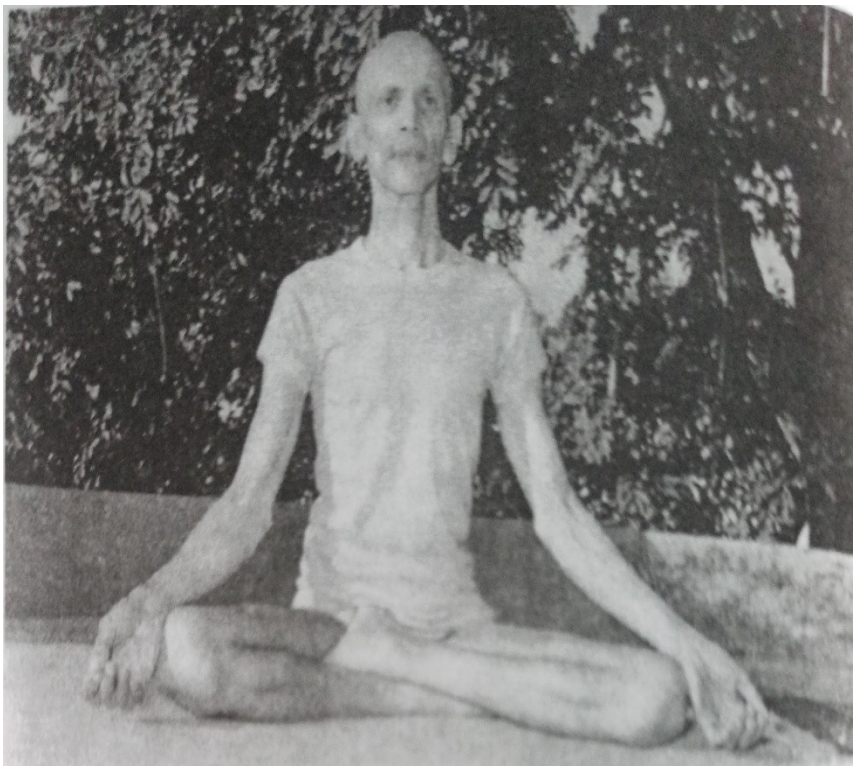

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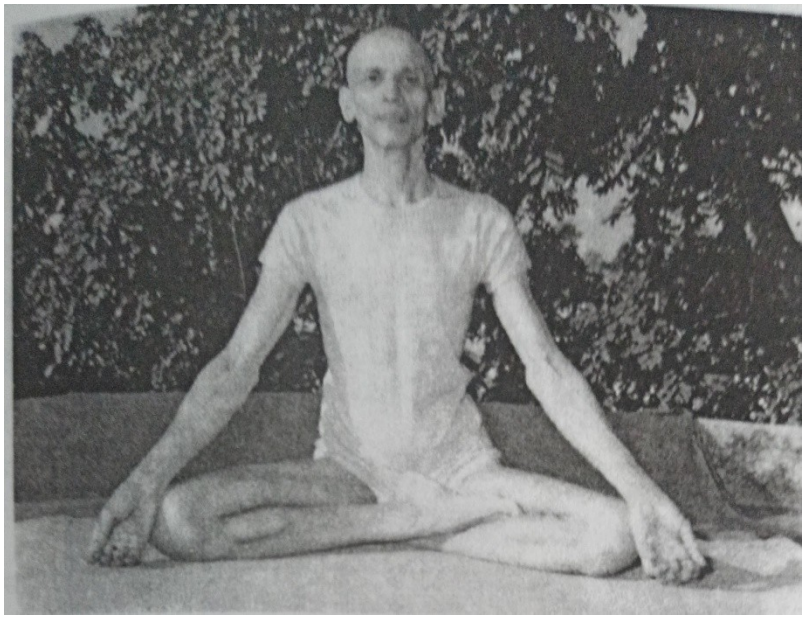

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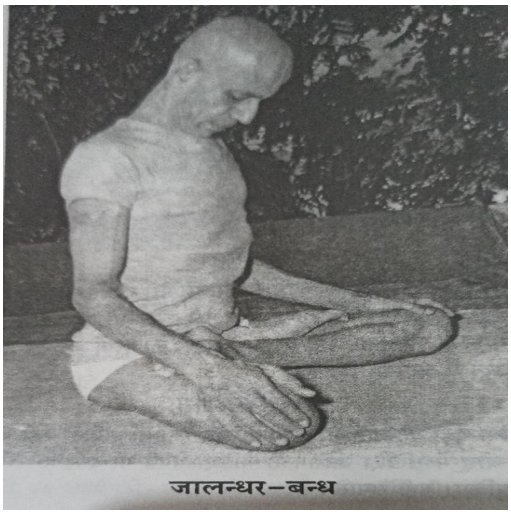
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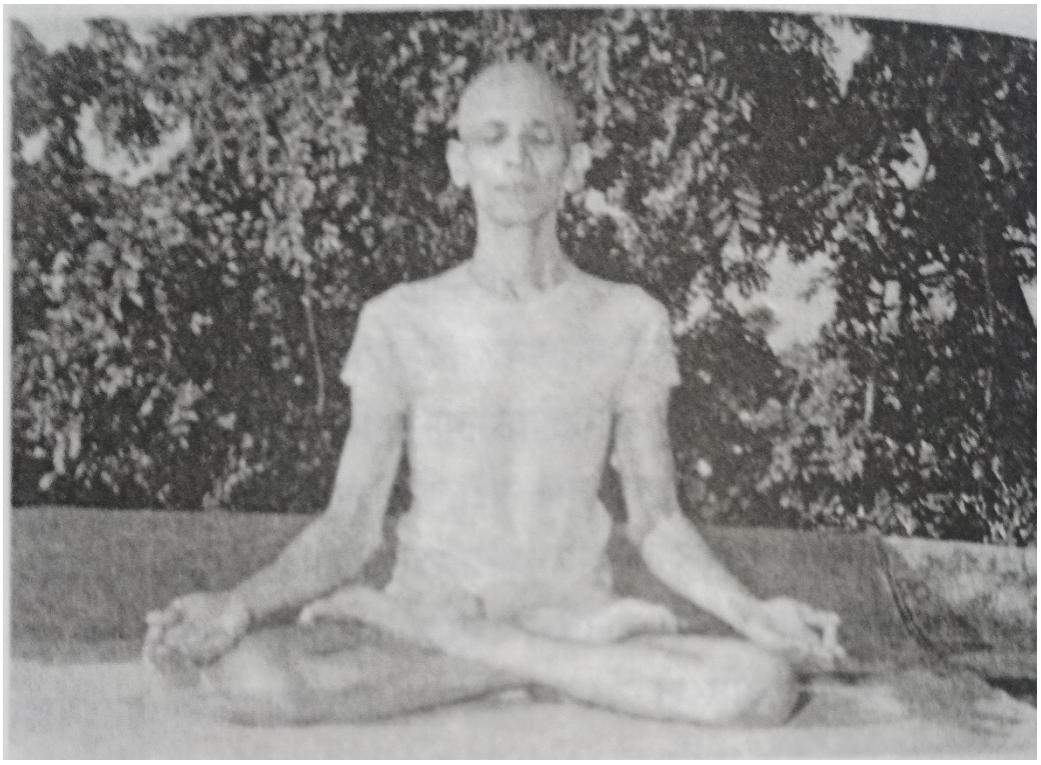

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